

Ephesians 6b Spiritual Warfare 2

1. Although much is expected of the Christian, sufficient resources are provided in Jesus Christ to enable us to meet all the demands placed upon us.
2. In bible times, cities had walls for protection or they were located in geographic locations that provided a natural protection. Describe some of these locations. What has changed. What is needed to provide safety and protection from invasion today?
3. We can protect our minds through wearing the helmet of Salvation. *Ephesians 6:17 Take the helmet of salvation . 1 Thes 5:8 Let us be self-controlled, putting on faith and love as a breastplate and the hope of salvation as a helmet.* This is the hope of good things ahead. The belief in God's promises for us. What are the promises of God we can claim and look forward to? (**Ps 112:7** They will have no fear of bad news; their hearts are steadfast (fixed firm), trusting in the *LORD*.)
4. Referring to the Helmet of Salvation, the verb translated *take* in verse 17 means to *accept*, to *receive* the salvation God has provided for us of forgiveness for past sins and present deliverance from sin's power. Why does the head require this special protection? What attacks might be made on the Christian, through his mind? How does the assurance of our salvation equip us against these attacks?
5. All of these items of armour are for defence except one. What is the one weapon of attack that is necessary for the Christian?(v17) How may it be used defensively as well? Whose sword is it? Look at Matthew 4:1 □ 11 and discuss how Jesus used this weapon.
6. How can we make sure that we don't go about un-equipped or only partially equipped?
7. What experiences have you had that make you aware of the reality of the spiritual battle in which Christians are engaged? In what specific ways have you found the armour of God effective?
8. Share some areas where you feel that you come under spiritual attack. Pray for each other.

Sermon Discussion

