

# Practical Ideas

## Daily parenting

1. Kisses and Hugs.
2. Meals together daily.
3. Bedtime stories.
4. Bedtime prayers.
5. Morning Devotions.
6. Rubbing fingers.
7. Pray before the walk to school.
8. Sing a personal written lullaby before bed.
9. Nightly Blessing.
10. Grace at meals.
11. Debrief from the day over dinner.
12. Best and Worst part of your day - discussion over meal time.
13. Play board games/puzzles with young children.
14. Massage / Shoulder rub.

## Weekly Parenting

1. Homework @ the bench.
2. Taco Tuesday.
3. Kids choose what we have for dinner.
4. Park / Beach outing.
5. Saturday night board game.
6. Pyjamas Day.
7. Tea party Tuesday.
8. Monday Night Devotions.
9. Friday night movie night/ dinner in front of the TV.
10. Dinner and movie night OUT.
11. BBQ Breakfast.
12. Prayer for our sponsor child.
13. Pancakes Saturday morning.
14. Friday night sport watching.

## Parenting with the end in mind

1. Family camp/weekend away.
2. Cooking together.
3. Christmas morning family time.
4. Lunch together to celebrate end of school year.
5. Annual extended family holiday.
6. "You're a star" plate to celebrate achievement.
7. Theme park adventure once a year.

8. Pizza @ the lighthouse on the shortest or longest day.
9. Parent / child dates.
10. BIG family Christmas.
11. Camping at Christmas/ Easter / Long weekend.
12. Scrapbook memories / celebrate milestones.
13. School rewards - coffee/hot chocolate after school.
14. Pupil free days - make them special days with the family.
15. Special Dinner on report night.
16. Birthday treasure hunts.
17. Homemade advent calendars at Christmas.
18. Passover with friends and family (food, candles etc).
19. Eat whatever you want on your birthday.
20. Favourite dinner on birthday.
21. Night before Christmas - read a particular story.
22. Christmas light hunting around the streets.
23. Camping family recipes.
24. Road Trips.